

Medica Central Health Plan  
Medica Advantage (HMO/HMO-POS)  
OSF with Medica Advantage (HMO-POS)

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# 2024 Step Therapy Criteria

## Please Read

This document contains information about our Step Therapy Criteria.

## Step Therapy

In some cases, Medica Central Health Plan requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat your medical condition Medica Central Health Plan may not cover Drug B unless you try Drug A first. If Drug A does not work for you, Medica Central Health Plan will then cover Drug B

## Additional Resources to Help

For more recent information or other questions, please contact Medica Central Health Plan Customer Service at **1 (877) 301-3326 (TTY:711)**, 8 am – 8 pm, weekdays (year-round) and weekends (Oct. 1 – Mar. 31), or visit **Central.Medica.Com/Medicare**

This document was updated on 12/01/2024.

# Medica Central Health Plan (formerly WellFirst) MAPD

Step Therapy Criteria  
*Last Updated* 12/1/2024

## Products Affected

AUVELITY 105-45MG ER TAB

## Details

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Criteria      Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.

## **Products Affected**

EMSAM 12MG/24HR PATCH

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

EMSAM 6MG/24HR PATCH

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

EMSAM 9MG/24HR PATCH

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

ESTRING 2MG (7.5 MCG/24HR) VAGINAL SYSTEM

## **Details**

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Criteria            Step Therapy requires trial of PREMARIN VAGINAL CREAM OR generic estradiol vaginal cream.

## **Products Affected**

febuxostat 40mg tab

## **Details**

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Criteria	Step Therapy requires trial of generic allopurinol.
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## **Products Affected**

febuxostat 80mg tab

## **Details**

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Criteria	Step Therapy requires trial of generic allopurinol.
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**Products Affected**

FEMRING 0.1MG/24HR VAGINAL SYSTEM

**Details**

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Criteria      Step Therapy requires trial of PREMARIN VAGINAL CREAM OR generic estradiol vaginal cream.

## **Products Affected**

FETZIMA 120MG ER CAP

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

FETZIMA 20MG ER CAP

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

FETZIMA 40MG ER CAP

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

FETZIMA 80MG ER CAP

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

FETZIMA PACK

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

LEVALBUTEROL 45MCG/ACT INHALER

## **Details**

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Criteria	Step Therapy requires trial of formulary albuterol HFA product.
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## **Products Affected**

PROLIA 60MG/ML SYRINGE

## **Details**

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Criteria	Step Therapy requires trial of one (1) formulary bisphosphonate.
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## **Products Affected**

SPIRIVA RESPIMAT 1.25MCG/ACT INH

## **Details**

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Criteria      Step Therapy requires trial of Advair HFA, fluticasone/salmeterol diskus, Wixela, Breo, Dulera, Breyna, or budesonide/formoterol.

## **Products Affected**

SYMPAZAN 10MG ORAL FILM

## **Details**

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Criteria      Step therapy requires trial of generic clobazam tablets.

## **Products Affected**

SYMPAZAN 20MG ORAL FILM

## **Details**

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Criteria      Step therapy requires trial of generic clobazam tablets.

## **Products Affected**

SYMPAZAN 5MG ORAL FILM

## **Details**

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Criteria      Step therapy requires trial of generic clobazam tablets.

## **Products Affected**

tafluprost 0.0015% ophth soln

## **Details**

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Criteria	Step Therapy requires trial of generic latanoprost.
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## **Products Affected**

TRINTELLIX 10MG TAB

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

TRINTELLIX 20MG TAB

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

TRINTELLIX 5MG TAB

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

vilazodone 10mg tab

## **Details**

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Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

vilazodone 20mg tab

## **Details**

---

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

vilazodone 40mg tab

## **Details**

---

Criteria	Step Therapy requires trial of one of the following generic SSRI's: escitalopram, sertraline, fluoxetine, citalopram, paroxetine or fluvoxamine.
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## **Products Affected**

ZENPEP 105000-25000-79000UNIT DR CAP

## **Details**

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Criteria	Step Therapy requires trial of CREON.
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## **Products Affected**

ZENPEP 14000-3000-10000UNIT DR CAP

## **Details**

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Criteria	Step Therapy requires trial of CREON.
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## **Products Affected**

ZENPEP 24000-5000-17000UNIT DR CAP

## **Details**

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Criteria	Step Therapy requires trial of CREON.
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## **Products Affected**

ZENPEP 252600-60000-189600UNIT DR CAP

## **Details**

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Criteria	Step Therapy requires trial of CREON.
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## **Products Affected**

ZENPEP 40000-126000-168000UNIT DR CAP

## **Details**

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Criteria	Step Therapy requires trial of CREON.
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**Products Affected**

ZENPEP 42000-10000-32000UNIT DR CAP

**Details**

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Criteria            Step Therapy requires trial of CREON.

**Products Affected**

ZENPEP 63000-15000-47000UNIT DR CAP

**Details**

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Criteria            Step Therapy requires trial of CREON.

## **Products Affected**

ZENPEP 84000-20000-63000UNIT DR CAP

## **Details**

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Criteria	Step Therapy requires trial of CREON.
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## Medica Customer Services

For more recent information or other questions, please contact Medica Central Health Plan Customer Service.

Local: **1 (608) 828-1978**

Toll-free: **1 (877) 301-3326 (TTY: 711)**

### Year-round

8 a.m. – 8 p.m. weekdays

### Oct. 1–March 31

8 a.m. – 8 p.m. weekends

Visit: [Central.Medica.Com/Medicare](https://Central.Medica.Com/Medicare)

### Medica Central Health Plan

### Medica Advantage

PO Box 56099

Madison, WI 53705-9399

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